



## Health forms for students with Allergies

### What's in this packet?

**Allergy Questionnaire** to describe student's allergies – parent to complete.

**Release of Information** - allows the doctor to talk to the school nurse if there are any questions. Parent to complete.

*If the student needs an Epi-pen or similar medicine at school:*

- **Guidelines for Medicines at School** - parent reference
- **Epinephrine Auto - injector Medication Authorization:** must be signed by parent and the doctor and brought to school with the Auto - Injector.
- **Medication Authorization** - must be signed by parent and doctor and brought to school with the medication (for medications like Benadryl or Zyrtec.)

Questions - Please call your school nurse: 614-268-8671



# Allergy Questionnaire

To be completed by parent

Student:	School Year:
DOB:	Class/Grade:
Parent:	Cell:
Parent:	Cell:
Emergency Contact:	Phone:
Physician:	Phone:

*This information will provide the school nurse with a better understanding of the child's needs.  
This questionnaire needs updated and completed each school year.*

Has this child been diagnosed with allergies/anaphylactic reactions by a healthcare provider?  Yes  No

**Note:** Bring medical documentation to the school nurse. **AFTER** the nurse has received documentation from the child's healthcare provider, school staff will be notified of the allergies and emergency plans.

List all allergies, including foods	Child reacts to allergen if: Circle	Describe allergic reaction:	How long does it take to react?
	swallows touches inhales		
	swallows touches inhales		
	swallows touches inhales		
	swallows touches inhales		
	swallows touches inhales		
	swallows touches inhales		
	swallows touches inhales		

**Prevention:** How does this child prevent and respond to an allergic reaction? (check all that apply)

- The child knows what to avoid
- The child asks about ingredients in food, if unsure
- The child tells other about his/her allergies
- The child will immediately tell an adult if exposed to an allergen
- The child wears an identifying tag or bracelet alerting others to the allergy
- Other:

**Allergy Response:**

Has this child ever needed to use an epinephrine auto-injector (Epipen):  Yes  No If yes, date of last injection: \_\_\_\_\_

Are medications needed AT SCHOOL?  Yes - List  No Dose: \_\_\_\_\_ Time: \_\_\_\_\_  
*IF medication is needed at school, parent must complete the Medication Authorization Form and bring the medication to school.*

Allergy medication AT HOME: <input type="checkbox"/> Yes - List <input type="checkbox"/> No	Dose: _____	Time: _____

Any other information or chronic health problems that would be helpful to know?



## **Guidelines for Medications at School**

Students needing to take medication during school hours must follow these guidelines:

- **Provide the school nurse with a completed Medication Authorization Form signed by both the parent/guardian and the healthcare provider.**
  
- **A new Medication Authorization Form must be completed each school year AND when the medication or dose has changed.**
  
- **All medication must be in the original container in which it was dispensed by the healthcare provider or pharmacy and be labeled with the correct dose and instructions. The medication cannot be expired.**
  - The label must match what is on the Medication Authorization Form.
  - Students taking a medication at both school and home can request 2 separate labeled bottles from the pharmacy to divide the pills to have some at home and school.
  - Students using an inhaler, epinephrine pen or other emergency medications at school can request 2 prescriptions from the healthcare provider in order to have a supply at home and school.
  
- **Medications ordered three times a day or less, unless time is specified, may not need to be taken at school.** The medication should be given before school, after school and at bedtime.
  
- ***All EXPIRED medication must be picked up by the parent/guardian on the last day of school or it will be discarded.***



## AUTHORIZATION FOR RELEASE OF INFORMATION

CHILD'S NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

I hereby give consent for the exchange of the information as checked below concerning the above-named child between the party indicated and Bishop Watterson High School.

\_\_\_\_\_ Obtain Information From: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Release Information To: Bishop Watterson High School  
c/o Angela Spangler BSN, RN, LSN.  
School Nurse  
P- (614) 268-8671 ext. 290  
F- (614) 268-0551

- Medical Information/Records –
- immunization record; TB test result/ records
  - copy of most recent physical exam on file
  - medication authorization to give medication at school
  - health appraisals/screenings
  - lab work
  - psychological information/records
  - speech and hearing evaluation
  - IEP
  - Medical records; healthcare provider notes/summary

\_\_\_\_\_ Other Information, as specified: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This information is to be used by the School Nurse for continuity of care in the school setting.

Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

**Electronic signature permitted.**



### Epinephrine Auto-Injector Medication Authorization

to access and use prescribed medications during school  
ONE FORM PER MEDICATION

Student Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ School Year \_\_\_\_\_  
Home Address \_\_\_\_\_ HR/Grade \_\_\_\_\_

#### Healthcare Provider to Complete:

I verify this medication has been prescribed for above student in the event of signs or symptoms of an allergic reaction and/or suspected exposure to the following allergen(s): \_\_\_\_\_

Signs or symptoms \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Route \_\_\_\_\_

**Call 911 if medication is administered.** Beginning Date \_\_\_\_\_ Expiration Date \_\_\_\_\_ or end of school year

**Instructions:** Inject epinephrine into thigh: \_\_\_\_\_

If medication does not provide relief or symptoms progress *repeat dose* after \_\_\_\_\_ minutes. yes no

Precautions and possible side effects to report to the healthcare provider:  
\_\_\_\_\_

Other medications prescribed to this student (home & school) \_\_\_\_\_

#### THIS SECTION IS ONLY FOR THE PERMISSION TO SELF CARRY:

I provided the student with training in the use of an auto-injector and he/she has demonstrated its proper use.  Yes  No

The student is capable of possessing and self-administering the auto-injector per ORC 3317.716 and 3313.718.  Yes  No

**Healthcare Provider Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Provider Name \_\_\_\_\_

Practice Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

*Please fill contact information to left or stamp here*

#### Parent to Complete:

**Parent/Guardian Name** \_\_\_\_\_ **Phone Numbers** \_\_\_\_\_ **or** \_\_\_\_\_

To the Parent or Guardian: The following information is necessary for any student who uses medication in school.

- **Both the parent and healthcare provider portions of this form must be completed.**
- A new Medication Authorization form is required each school year and when there is a change in the medication.
- I authorize the student named above to have access to and use the medication as ordered above.
- I understand my student's epinephrine auto-injector will be stored in the school medication cabinet to ensure its availability and will have the assistance of trained staff as needed.

- If my student is determined capable to self-carry and self-administer by myself, the healthcare provider and the school nurse, then I authorize my student to carry and use their epinephrine auto-injector as prescribed above, at school and school events:  Yes  No
  - I will instruct my child to inform school staff if he/she has used the auto-injector so school staff can immediately call 911.
  - I agree to provide the school with backup dose of epinephrine as required by law.

- I understand emergency medical service will be called if the epinephrine auto-injector is used.
- I understand the medication must be in the original container and properly labeled with student's name, date, prescriber's name, name of medication, dosage, strength, route and time of administration and drug expiration date.
- I assume responsibility for the safe delivery of the medication to school; will notify the school immediately with any changes.
- I authorize St. James the Less staff to communicate with the student's healthcare provider as needed.
- I release and agree to hold the Diocese of Columbus, its officials, and its employees harmless from any and all liability for damages or injury resulting directly or indirectly from this authorization.

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



## Medication Authorization

to access and use prescribed medications during school  
ONE FORM PER MEDICATION

Student Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ School Year \_\_\_\_\_  
Home Address \_\_\_\_\_ HR/Grade \_\_\_\_\_

### Healthcare Provider to Complete:

St. James the Less school urges scheduling doses for times outside of school.

I verify the above student should receive this medication at school for treatment of \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Route \_\_\_\_\_

Administration Time(s) \_\_\_\_\_ OR  Every \_\_\_\_\_ hours as needed for \_\_\_\_\_

Beginning Date \_\_\_\_\_ Expiration Date \_\_\_\_\_ /End of school year

Instructions: \_\_\_\_\_

Precautions and possible side effects \_\_\_\_\_

Other medications prescribed to this student (home & school) \_\_\_\_\_

Healthcare Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Provider Name \_\_\_\_\_

Practice Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

*Please fill contact information to left or stamp here*

### Parent to Complete:

Parent/Guardian Name \_\_\_\_\_ Phone Numbers \_\_\_\_\_ or \_\_\_\_\_

To the Parent or Guardian: The following information is necessary for any student who uses medication in school.

- **Both the parent and healthcare provider portions of this form must be completed.**
- A new Medication Authorization form is required each school year and when there is a change in the medication.
- I authorize the student named above to receive the medication as ordered above.
- I understand the medication must not be expired, be in the original container and labeled with student's name, date, prescriber's name, name of medication, dosage, strength, route and time of administration and drug expiration date.
- I assume responsibility for the safe delivery of the medication to school and will notify the school immediately with any medication changes.
- I authorize St. James the Less school staff to communicate with the student's healthcare provider as needed.
- I release and agree to hold the Diocese of Columbus, its officials, and its employees harmless from any and all liability for damages or injury resulting directly or indirectly from this authorization.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_