

## **Mental Health Resources for Franklin County**

If your child has suicidal thoughts with a plan on how they would attempt suicide and/or if they intend on attempting suicide, call 911, or immediately go to:

- Local Emergency Department (that has Mental Health assessments)
  - Nationwide Children's Hospital (ages 14 and younger)
    - 630 Children's Drive, Columbus, OH 43205--614-722-1800
  - Ohio State University (ages 15 and older)
    - 410 W 10th Ave, Columbus, OH 43210--614-293-8333

If your child is having suicidal thoughts and you or they need support, call these 24 hour hotlines:

Teen Suicide Hotline 614-293-3444

National Suicide Prevention Lifeline 800-273-TALK (8255)

If you are looking for drug or alcohol or mental health services in your area:

Trinity Counseling 595 Copeland Mill Road, Suite 1A Westerville, Ohio 43081 614-981-6172 Sliding fee scale/private insurance	Spirit of Peace Counseling 1170 Old Henderson Rd #100 Columbus, OH 43220 (614) 442-7650 Medicaid/managed care and private insurance	Syntero Counseling 3433 Agler Road, Suite 2000 Columbus, Ohio 43219 Phone: (614) 600.2708 Medicaid/managed care and private insurance
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- Ohio Mental Health and Addiction Services
- mha.ohio.gov (Treatment options by county and zip code)
- Contact your child's primary care physician for recommendations

## Additional resources

- Crisis Text Line: Text "start" to 741-741
- Lifeline Crisis Chat: www.crisischat.org
- National Help Line for Substance Abuse: 800-662-4357
- National Sexual Assault Hotline: 800-656-4673
- Online Crisis Network: imalive.org
- Rape, Abuse, Incest National Network: www.rainn.org
- Trevor Lifeline for LGBTQ Youth: 866-488-7388
- Trans Lifeline for Transgender People: 877-565-8860
- http://www.nationwidechildrens.org/suicide-prevention
- http://www.ohiospf.org
- http://www.samhsa.gov/suicide-prevention
- http://www.afsp.org/